City of Portsmouth Scouts

Lamp Trophy 2017



Kit List - It is important that all personal and group equipment is named!

PERSONAL - Essential (to be worn / carried)

Clothing

Walking / Activity Boots (with good ankle support) Good walking socks Suitable clothing (layers of clothing, hat, no jeans etc.) Reflective item

<u>Gear</u>

Rucksack (small) Waterproof top Torch Whistle Mug

Advised (to be carried)

Waterproof trousers 1 litre of water / drink Tuck

Separate Sleeping Gear (not to be carried) - To be left at 1st Emsworth, ScoutHut in your team's Number on it.

Sleeping bag Roll mat Change of clothes Bin liner (for wet clothes)

GROUP - essential (to be carried)

- 1 x Red Light (torch or rear cycle lamp)
- 2 x Survival Bags
- 1 x first aid kit
- 1 x mobile 'phone (only to be used in emergencies)
- 2 x OS Explorer Map or 2 x OS Landranger Map of area
- 2 x Sylva type compass
- 1 x set of mess tins (any shape)
- 2 x Pencils
- 1 x Note Pad

NB

Please make sure that all participants have the correct equipment. Those people arriving without the essential personal equipment will not be allowed to take part. Points will be deducted from the team if all the group items are not carried.

Do not bring electrical devices with you e.g. mobile 'phones (except 'Group List' above) radios, walkmans, games etc.