

Cross Country Races 2018

Dear Leaders

The Scout Active Support Unit will again be holding a cross country run and it will be held on Saturday 20th. January. It will be a circular route, starting at Hilsea Moat with the cubs keeping to the same course as previous years and the other races running past the railway line towards the Eastern Road before swinging back. The assembly point will be on the grass between Port Creek and the Moat, alongside the old "Solent" garage at 10.00am for a 10.30am start. Finish by 12.00 noon (approx.), when the presentations will be made. For the first time we are offering Beaver Scouts the opportunity to run. The route will be from the same start, up to Peronne Road and back.

Please note: There is a height restriction on the car park at Portsbridge. High vehicles will have to park on the Lido side.

We invite each Group to enter up to two teams from the Beaver Scout Section, the Cub Scout Section and the Scout Section (No mixed teams of Cubs and Scouts etc.) and one team from each Explorer Unit. Explorers may run as individuals if no team is available. Leaders will run as individuals.

A 'Team' will consist of up to six (6) runners with the scoring based on four finishers. Leaders must enter as individuals. If possible can your team(s) wear their Group T-Shirts or perhaps coloured bibs for easy identification. If two teams are to be entered from the same section, they must be clearly marked as different teams (up to you how). A map of the Courses will be provided at the Starting Point on the day.

Each Group/section will be responsible for their own runners and their own First Aid/Emergency contacts.

Each group/section will be responsible for providing at least one marshal for the course to assist the Active Support Team. This may be a DBS parent.

Drinks will be provided for all runners on completion of the race.

The cost will be £2.00 per team and £1 per Explorer Scout or Leader. No Beaver, Cub or Scout will be allowed to run as an individual.

It is recommended that participants do some training leading up to the event and some warm-up activities before the race begins.

To enter please complete the attached entry form and return with money (cheques to be made payable to "City of Portsmouth Scout Active Support") to:

**THE CLOSING DATE FOR THIS EVENT IS SUNDAY 14th JANUARY 2018
NO LATE ENTRIES WILL BE ACCEPTED**

Entries should be returned to:

Mick & Dee Edwards
23 Kingsland Close
Paulsgrove
PO6 4AL



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